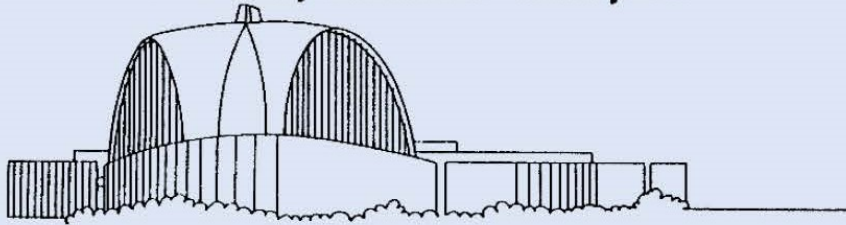


the sephardic temple



CONGREGATION EMETH VE'SHALOM

WEEKLY BULLETIN

775 Branch Boulevard at Halevy Drive • P.O. Box 392, Cedarhurst, NY 11516
Tel: 516-295-4644 • Fax: 516-295-1941 • Email: admin@thesephardictemple.org

שבת שלום SHABBAT SHALOM

ב"ה



DAILY MINYAN SUNDAY - FRIDAY IS HELD VIA ZOOM AT 9:00 AM
CONTACT RABBI GOLDEN FOR MORE INFORMATION

FRIDAY, JUNE 18, 2021

LIGHT CANDLES: 8:11 PM

At this time during COVID-19,
Friday evening services are not being held



SATURDAY, JUNE 19, 2021 (9 TAMMUZ 5781)

PARASHAT HUKKAT
פרשת חקת

***NOTE NEW
START TIME***

SHABBAT SERVICES 9:00 AM
שחרית, קריאת התורה, ומוסף

Shabbat Morning Services will be held in the Sanctuary
as outlined in our updated COVID-19 Policy:
www.sephardictemplecedarhurst.org/covid-19

Please contact the Temple office with your reservations
to help us plan ahead.



Father's Day
Sunday, June 20



Parashat HUKKAT... In this week's parashah, once again, the people complain about their life in the desert. Before Moses hits the rock, he reprimands them, saying "Hear now, you rebels: from this rock shall we bring forth water for you?!" (Numbers 20:10) Moses, who had previously been described as the 'most humble man on the face of the earth' (Numbers 12:3), seems to explode in anger. According to several commentators, including Maimonides, it was because of this outburst that Moses was punished and not allowed to lead the Israelites into the Promised Land.



MELDADOS

SHABBAT, JUNE 19, 2021

MARTIN ALMELEH
FANNY BERDUGO
ELIA BEHAR
BETTY FREIDA KAYE
ESTHER HAZAN
SIMCHA RIVKA MATARASSO
ISAAC M. MATARASSO
HAMASKIL ALBERT MATARASSO
MORRIS MATARASSO
LEAH S. MATARASSO
ESTREYA KAMHI
GEORGE ROSENBLATT
ANNETTE CASSUTO
HYMAN GORMEZANO
SALAMON SALAMON PITSON
LILYAN S. RUSSO
ISAAC ESKENAZI
FLORENCE MINSLEY
MOSHE I. SAYEGH
MURRAY LICHTENBERG
RACHEL GABAY
AL WEIN
ROSE MEVORAH
RALPH ABELS
SARAH NELSON CALDERON
VICTOR BAROCAS
ESTHER LOMITA
SIMCHA ASSAYAG
ANNETTE M. NEGRIN
BERNARD KAPLAN
SAMUEL SEMAYA
REBECCA E. SUSI
LOUISE MUKAMAL
SARAH CONFINO
BEATRICE SILBERSTEIN DARROW

ESTHER ROTHBERG
JOSEPH G. HALL
ANNA M. SARFATI
BESSIE COHEN
ABRAHAM S. BEHAR
NOWEL DAVID BEHAR
ELIAS A. BITON
MATILDA NAIM BUENO
ISAIAH I. ESKENAZI
NISSIM FRANCO
SOLOMON I. HASSON
DANIEL ISAAC LEVY
SARA MALQUI
FLORA NAHMIAH
MEYER H. RUSSO
ELIA ALEASOFF
MOLLY BATTINO
ABRAHAM BERACHA
SULTANA CRESPI
MICHAEL ELIASOF
MICHAEL ESKALYO
JONAH GOLDSTEIN
KATIE HALEWA
SOPHIE HANISH
MIRIAM KEMPNER
LILLIE KOBREN
MORRIS ABOUA LEVY
REGINA LEVY
ESTHER MAZZA
ROSLYN NACHMAN
SALLEE SABETHAIS
RAPHAEL SARFATY
EVA SESLOW
ESTHER SOLOMON



IN THE TEMPLE FAMILY

THE SEPHARDIC TEMPLE WEEKLY BULLETIN · JUNE 19, 2021

SEPHARDIC TEMPLE SHABBAT MORNING SERVICES

Shabbat Morning Services will be held in the Sanctuary as outlined in our updated COVID-19 Policy, available on our website: www.sephardictemplecedarhurst.org/covid-19

Registration to the Temple office for Shabbat requested by Thursday.

The first anyo for Rabbi Arnold B. Marans ז"ל will be commemorated during Shabbat services on June 26 when we will read a special hashkubah.

A formal memorial event will be scheduled for the fall, which will allow the members of the Marans family (who will be together at his grave in Israel for the anyo) - and a large gathering of congregants - to be present and reflect as a community on the passing of the Temple's founding Rabbi.



בסימן טוב ומזל טוב
SIMAN TOV & MAZAL TOV

On the Birth of a Baby Boy:
Jordan William Besignor

יונה ליב בן אליהו ומרגלית

Parents:

Meg & Eli Besignor

Grandparents:

Fern & Larry Besignor

PLEASE NOTE:

SHABBAT MORNING SERVICES WILL
BEGIN PROMPTLY AT

9:00AM

AS ELEMENTS OF THE TEFILLAH
HAVE BEEN REINTRODUCED THAT
WERE OMITTED DUE TO
COVID-19 CONCERNS.

The Sephardic Temple
wishes you a very
happy Father's Day!



Ladino Phrase of the Week

קאדה קוזה אין סו טיימפו

Kada koza en su tiempo

Everything in its proper time

Courtesy of the Sephardic Jewish Brotherhood of America:
www.sephardicbrotherhood.com



Sephardic Temple Sisterhood Zoom Sponsored Event

WEDNESDAY, JUNE 22 at 11am-12pm

You are invited to join Hewlett Hadassah for an enlightening hour on Zoom learning how to improve your MEMORY with an Israeli Memory Coach!

An \$18 contribution to Hewlett Hadassah is requested.

Please see the information below for details and call Georgene Winick at 516-509-6542 with any questions.

Hope to 'see' everyone on Zoom!



TRAIN YOUR BRAIN

WHAT ARE THE BEST EXERCISES FOR YOUR BRAIN?

JOIN HEWLETT HADASSAH

WHEN: JUNE 22nd, 11 AM - 12 PM

JOIN ZOOM MEETING

<https://hadassah-org.zoom.us/j/85294912245?pwd=RjVPSG9HVElvMXNuUkRURXdMU1g3UT09>

Meeting ID: 852 9491 2245 Passcode: 756625

In this webinar, you will learn:

- 1. What are the best exercises to do for different parts of the brain?**
- 2. 3 great brain exercise for thinking out of the box**
- 3. Experience a fun interactive brain exercise**



RENA YUDKOWSKY, a professional memory coach and geriatric social worker, is the founder of Memory Matters. She teaches online memory improvement courses to mid-lifers and seniors. Over the past twenty years in the field, she has served as the director of an Alzheimer's unit in an assisted living facility in Maryland, the director of development at a senior enrichment program in Israel, trainer for dementia caregivers, facilitator of support groups, and international lecturer on aging topics.

Currently, she is the memory coach for an international anti-aging clinic where she does 1:1 coaching and is working on a comprehensive program to prevent dementia.

She is super passionate about her mission of helping those 50+ to age more healthfully, both physically and cognitively, as she empowers them to believe in their own memory with confidence and grace.

Please mail an \$18 check payable to Hadassah to:

Karen Weinberg 393 Adelberg Lane Cedarhurst NY 11516