



Parashat **SHEMINI**... Many of the laws of Kashrut which we continue to observe are found in Parashat Shemini. These laws of forbidden and permitted animals instilled in the Jews an awareness of human sanctity, a respect for life, as well as a daily discipline.



SEPHARDIC TEMPLE SHABBAT MORNING SERVICES

Shabbat Morning Services will be held in the Sanctuary with social distance restrictions by reservation only. Please review our new COVID-19 Policy.

Registration to the Temple office for Shabbat must be received by Thursday.

בסימן טוב ומזל טוב SIMAN TOV & MAZAL TOV

On the Birth of a Baby Girl: Ríley Skylar Coluzzí

Parents: Stephanie & Nicholas Coluzzi

> **Grandparents:** Elise & Ken Corriel



Spring change of address? Please notify the Temple office of any updates in address and telephone numbers



Visit and subscribe to our YouTube channel! Go to YouTube.com and search: SEPHARDIC TEMPLE OF CEDARHURST

or visit: www.sephardictemplecedarhurst.org/youtube-channel

Watch videos commemorating the Meldados and special messages from the Sephardic Temple

<u>Ladino Phrase of the Week</u>

Seremos siempre por kavesa i no por kola

May we always be at the head and not the tail

Source: Sephardic Bikur Holim (SBH) Congregation, Seattle, Washington. https://www.sbhseattle.org/resources/ladino/#Proverbs



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the sephardic temple

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ב"ה

April 5, 2021

Dear Friends,

I hope this finds you well and having celebrated a happy and healthy Passover.

As we enjoy the start of spring and look to a fresh beginning with blooming flowers and budding trees, let us take a moment to recognize our own "Tree of Life" (*Etz Hayyim*).

Our Tree of Life wall dedication at the Sephardic Temple welcomes worshippers entering our Sanctuary and serves as a reminder of our intertwined histories and the wisdoms that can be found in the Torah. Rooted in our Jewish traditions, the branches of the Tree of Life rise with leaves marking milestones and celebrations.

Each engraved bronze leaf has a personalized message in honor of Temple family members and friends and is available for dedication with a \$250 contribution.

Please contact the Temple office to learn more about this meaningful opportunity for commemoration.

Sincerely,

Asaac Mayo

Isaac Mayo

עץ חיים Etz Hayyim **Tree of Life**



Cook's Corner

IN THE SEPHARDIC KITCHEN

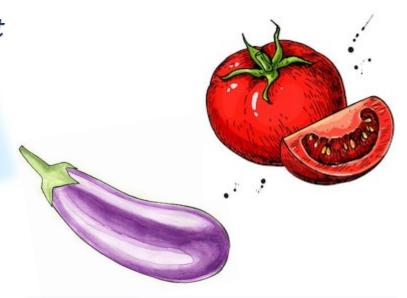
Hatzílím Vagvaníot

Eggplant and Tomatoes

Celebrate Yom Ha'atzmaut (Israel Independence Day) with this traditional dish!

Ingredients:

- > 2 large eggplants (1½ pounds each)
- Vegetable oil for frying
- \geq 2 large onions, chopped
- \succ 3 cloves garlic, crushed
- \succ ¹/₄ cup chopped fresh parsley
- Salt and pepper (to taste)
- ➢ 2 teaspoons sugar
- ➤ 1 can (8 ounces) tomato sauce
- ➢ ½ cup water
- ➢ 6 medium tomatoes, sliced
- \blacktriangleright ¹/₂ cup parve bread crumbs



8 servings

Eggplants and tomatoes are staples in an Israeli diet. In the Middle East, good cooks are often judged by the number of ways they can prepare eggplant!

For a delicious dairy version, top the layers of eggplant with slices of Muenster cheese.

Dírectíons:

- 1. Peel eggplants and slice into ¹/₄-inch crosswise slices.
- 2. Lightly salt slices and allow to stand for 20 minutes. Rinse and pat dry.
- 3. In a large skillet, heat ¼ cup oil. Sauté eggplant slices, several at a time, until golden brown on both sides. Add more oil as needed. Remove slices with slotted spoon and drain on paper towels.
- 4. Add 2 tablespoons oil to skillet, and sauté onions and garlic until golden brown.
- 5. Add parsley, salt, pepper, sugar, tomato sauce, and water. Heat thoroughly.
- 6. Preheat oven to 350°F. Place half the eggplant slices in 9 x 13-inch baking dish. Top with a layer of tomato slices.
- 7. Spread half the onion mixture over tomatoes.
- 8. Repeat layers of eggplant, tomato, and onion mixture.
- 9. Top with bread crumbs and bake in preheated oven for 40-50 minutes.

Source: Angel, Gilda. Sephardic Holiday Cooking: Recipes and Traditions. Mount Vernon, NY: 1986. This book was kindly donated by the family of Rose Mayo (OBM) and was a staple in her kitchen

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